



BAKED FOR SCHOOLS



## B4S English Muffin made with Whole Grains

**Material Number:** 99807890

**Pack:** 6/12pk

**Gross Weight:** 12.00 lbs.

**Net Weight:** 10.00 lbs.

**Cube:** 0.708

**Case Dimensions:** 15.75" X 11.50" X 6.75"

**Cases per layer:** TI 9

**Layers per Pallet:** HI 10

**Cases per Pallet:** 90

**Frozen Shelf Life:** 270 days

**Shelf Life after Thaw:** 5-7 days

**GTIN:** 0-00-70210-07890-8

### INGREDIENT LABELING INFORMATION

WATER, WHOLE GRAIN WHEAT FLOUR, ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YEAST, CONTAINS LESS THAN 2% OF: SUGAR, DATEM, CITRIC ACID, ASCORBIC ACID, DEGERMED YELLOW CORN FLOUR, DEGERMED YELLOW CORNMEAL, FUMARIC ACID, CALCIUM PROPIONATE AND POTASSIUM SORBATE (PRESERVATIVES), SALT, SOYBEAN OIL, VINEGAR, ENZYMES, WHEAT GLUTEN.

**CONTAINS: WHEAT**

### CLAIMS:

1 SERVING = 2 CN (16g) BREAD SERVINGS

51% WHOLE GRAIN

WHOLE GRAIN RICH

16.5 g OF WHOLE GRAINS PER SERVING

NO HIGH FRUCTOSE CORN SYRUP

## Nutrition Facts

12 Servings per container

**Serving Size 1 Muffin (62 g/ 2.2 oz)**

Amount per serving

**Calories 130**

**% Daily Value\***

<b>Total Fat</b>	1 g	2%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Polyunsaturated Fat	.53 g	
Monounsaturated Fat	.17 g	
Cholesterol	0 mg	0%
Sodium	240 mg	10%
<b>Total Carbohydrate</b>	25 g	8%
Dietary Fiber	2 g	8%
<b>Total Sugars</b>	1 g	
Includes 1 g Added Sugars		2%
<b>Protein</b>	5 g	
Vitamin D	1 mcg	6%
Calcium	46 mg	4%
Iron	1 mg	6%
Potassium	91 mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Created: 05/31/2017

The nutrition and ingredient information is accurate at the time of printing. This information is updated periodically. Please contact your Flowers representative if you have questions about this information.

**Formulation Statement for Documenting Grains in School Meals  
Required Beginning SY 2013-2014  
(Crediting Standards Based on Grams of Creditable Grains)**

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Flowers B4S 51% Whole Grain Code No.: 99807890

Manufacturer: Genesis Baking Company Serving Size 1 muffin (62g/2.2oz)  
(raw dough weight may be used to calculate creditable grain amount)

I. Does the product meet the Whole Grain-Rich Criteria: Yes  No   
(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non-creditable grains: Yes  No  How many grams: 0  
(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16grams creditable grain per oz eq; Group H uses the standard of 28grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate to which Exhibit A Group (A-I) the Product Belongs: B

Description of Creditable Grain Ingredient*	Grams of Creditable Grain Ingredient per Portion <sup>1</sup>	Gram Standard of Creditable Grain per oz equivalent (16g or 28g) <sup>2</sup>	Creditable Amount
	A	B	A ÷ B
Whole Grain Flour	16.8	16	1.05
Enriched Bleached WH Flour	16.1	16	1.01
			2.06
<b>Total Creditable Amount<sup>3</sup></b>			<b>2</b>

\* Creditable grains are whole-grain meal/flour and enriched meal/flour.  
<sup>1</sup> (Serving size) X (% of creditable grain in formula). Please be aware that serving sizes other than grams must be converted to grams.  
<sup>2</sup> Standard grams of creditable grains from the corresponding Group in Exhibit A.  
<sup>3</sup> Total Creditable Amount must be rounded *down* to the nearest quarter (0.25) oz eq. Do *not* round up.

Total weight (per portion) of product as purchased 62 grams  
 Total contribution of product (per portion) 2 oz equivalent

I certify that the above information is true and correct and that a 2.2 ounce portion of this product (ready for serving) provides 2 oz equivalent Grains. I further certify that non-creditable grains are **not** above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Karla Horning  
 Signature  
 Karla Horning  
 Printed Name

Product Compliance & Development  
 Title  
 5/31/17 Date  
 419-660-4049 Phone Number